



CALENDAR LISTING

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**TOP ATHLETES FROM AROUND THE WORLD TO INVADE SAN FRANCISCO
FOR 32ND ANNUAL ESCAPE FROM ALCATRAZ TRIATHLON JUNE 10**

Icy Water Swim, Grueling Road Terrain and Sandy Hill Climbs Deliver Non-stop Action to the City by the Bay

WHAT: Hundreds of top athletes from around the world will take over the streets and bay waters of San Francisco for the 32nd Annual Escape from Alcatraz Triathlon. Sending triathletes on an icy cold 1.5 mile swim from Alcatraz Island to the San Francisco shoreline, an 18 mile hilly bike ride through the Presidio and an eight mile trail run through Golden Gate Recreational Area, this high profile athletic event showcases the beauty of San Francisco. This world renowned triathlon, in which only 2,000 triathletes/relay teams can participate, is sold out within hours of the registration opening every year. Fans will not want to miss this world class sporting event at the Marina Green where they can see the swim start and end, the athlete transition areas and the finish line. Spectators also are invited to enjoy the free Fitness Festival & Expo throughout the weekend featuring dozens of vendors, product demonstrations, refreshments and more.

WHEN: Saturday, June 9, 11 a.m. – 6 p.m. – Fitness Festival & Expo and Participant Packet Pick-up

Sunday, June 10, 7:30 a.m. – Race Start
11:45 a.m. – Awards Ceremony
6:30 a.m. – 2:30 p.m. – Fitness Festival & Expo

WHERE: Marina Green – 500 Marina Blvd, San Francisco 94123; adjacent to St. Francis Yacht Club

WHO: Athletes participate in the following classes: professional men and women; amateur men and women: 16 and under; 17-19, 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80+; CEO challenge; corporate relay; and challenged athletes. The Escape from Alcatraz Triathlon is owned and produced by IMG Worldwide with race direction provided, in part, by World Triathlon Corporation.

FOR MORE INFORMATION: www.escapefromalcatraztriathlon.com

EDITOR'S NOTE: High-resolution photography is available at www.escapefromalcatraztriathlon.com or by calling Spin Communications at 415/380-8390 or emailing deedee@spinpr.com

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